



LOUISIANA

Addictive Disorder Regulatory Authority

ELIGIBILITY REQUIREMENTS: COUNSELOR IN TRAINING (CIT)

The ADRA shall issue a CIT status to each candidate who meets the following minimum standards:

1. Is at least 18 years of age and holds a high school diploma or equivalent;
2. Is a legal resident of the United States;
3. Is not in violation of any ethical standard subscribed to by the ADRA or any other board;
4. Has not been a substance abuser or compulsive gambler for at least 2 years prior to the application date;
5. Has not been convicted of a felony (see Felony Waiver Policy);
6. Document the completion of 180 clock hours of Substance Use Disorder/Addiction (alcohol and other drugs) specific education
7. Obtain a supervisor:
 - a. Must be under the supervision of a Certified Clinical Supervisor (CCS)

REQUIREMENTS FOR RENEWAL OF STATUS: ANNUALLY

1. Submit a completed application for renewal of status;
2. Document the completion of 20 clock hours of continuing education specific or related to addiction (alcohol or other drugs);
3. Document proof of continued direct clinical supervision with a Certified Clinical Supervisor (CCS).

Note: Late renewals will incur the late fee.

All applications and renewals must be submitted online. If you already have a Certemy account and have issues accessing it, do not create a new one. Contact the ADRA office for assistance.

CIT's are responsible for maintaining documentation of supervised work experience and direct clinical supervision hours. Direct clinical supervision guidelines require a minimum of 1 hour per week with your CCS. CIT's, with assistance of their CCS, should be documenting the completion of their knowledge, skills, and ability to demonstrate each of the 123 Competencies (TAP 21). It is important that the CIT and CCS understand the minimum standards of the practice credential the CIT is working towards. The goals associated with obtaining the practice credential should be reflected in the CCS's Supervisory Plan, which must be completed and submitted to the ADRA office for initial CIT application and updated with each subsequent annual renewal. By law, the CIT status can be held for an aggregate of 72 months (6 years).

When submitting your renewal application online, please be sure to allow your CCS enough time to complete and submit the Supervisor Information and One Year Supervisory Plan prior to your expiration date (recommendation: at least 4 weeks prior to expiration date). If this is completed after your expiration date, the CIT will be responsible for paying the late fee.

CIT is a learning status. It is not a practice credential or a right to practice.

ADDICTIVE DISORDER REGULATORY AUTHORITY
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